



## **Prof. Leilani B. Mercado-Asis, MD, PhD, MPH**

**Graduate of Medicine**, University of Santo Tomas (UST), Manila, Philippines

**Fellowship** in Basic and Clinical Endocrinology and Metabolism, National Institutes of Health, Bethesda, Maryland, USA

**Doctorate Studies** in Endocrinology and Metabolism, Gifu University School of Medicine, Gifu, Japan

**Masteral Studies** in Public Health, University of the Philippines Open University

**Completed Graduate Certificate** in Distance Education  
University of the Philippines Open University

**Ongoing Masteral Studies** in Distance Education  
Athabasca, Canada

**Professor and Former Chairman**  
Department of Medicine  
Faculty of Medicine and Surgery  
University of the Philippines

Only female Chairman in 90 years history of UST Department of Medicine

**President**, Philippine Society of Hypertension  
**President**, Asian Federation of Osteoporosis Societies

**Past President**

Philippine Society of Endocrinology and Metabolism  
Osteoporosis Society of the Philippines  
Philippine Thyroid Association

**Editorial Board Member:**

Diabetes Clinical Research and Complications Journal  
Endocrine-Related Cancer Journal  
Korean Endocrine Journal  
Asian Osteoporosis Journal  
Philippine Journal of Internal Medicine

Associate Editor: Journal of Medicine UST

## Original Studies:

Adrenal sampling for pheochromocytoma  
Automatic Snacking to prevent hypoglycemia in diabetes mellitus  
131Iodine therapy in nontoxic benign nodular goiter  
Pre-IGT: Characterization and clinical significance  
Postprandial lipemia: Clinical Significance  
Target-Oriented Clinical Skill Enhancement (TOCSE): A clinical tool for teachers and students in medical school